

NON-NUTRITIVE SUCKING

Supporting information

This guideline has been prepared with reference to:

Anon. Prevention and management of pain in the neonate: an update. American Academy of Pediatrics Committee on Fetus and Newborn and Section on Surgery; Canadian Paediatric Society Fetus and Newborn Committee. Pediatrics 2006;118:2231-41

<http://pediatrics.aappublications.org/content/118/5/2231.full>

What is the evidence for the efficacy of NNS?

A 2015 systematic review of RCTs found that when compared with controls NNS resulted in improved pain reactivity (Standard mean difference [SMD] -1.20, 95% CI -2.01 to -0.38) and improved immediate pain regulation (SMD -0.90; 95% CI -1.54 to -0.25) (Pillai Riddell, 2015).

Pillai Riddell RR, Racine NM, Gennis HG et al. Non-pharmacological management of infant and young child procedural pain. Cochrane Database Syst Rev. 2015

<http://onlinelibrary.wiley.com/doi/10.1002/14651858.CD006275.pub3/full>

Evidence Level: I

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